

# Our Strategy To Paris 2024

## OUR MISSION

**To Be The Dominant  
Surfing Nation Globally**



### PURPOSE

To support Australian athletes to become the worlds best surfers and people.



### VISION

Coming together as a sport, inspiring Australians and celebrating success all with character and courage.



### GOALS

**1 medal**  
2024 Paris Olympic Games  
**Podium finishes**  
2022, 2023 WSL Tahiti events  
2022, 2023, 2024 ISA  
and WSL World Juniors



### CULTURE

Athlete Centred, Coach  
Supported, Performance  
Focused, Integrated  
Performance Team



### VALUES

Real  
Respectful  
Progressive  
Inquisitive  
Integrity

## ATHLETES

Supporting 63 athletes with the aim to have an impact on performance gains through individualised support and initiatives related to the Olympics, WSL, ISA and World Junior Performances

## CAMPS

Designing National camps that contribute to our athletes' needs, development and team preparation for major benchmark events, i.e. Olympics, WSL and ISAs

## PERFORMANCE SUPPORT

Providing the resources, support and guidance to our athletes' and coaches day-to-day training and preparation to achieve key performance targets and outcomes

## LEADERSHIP & CULTURE

Leading with integrity and manage State and National HP Programs strategies, processes and cultures in alignment with the surf community and our partners priorities



## COACHING

Identifying, engaging and developing quality coaches across the pathway, with the vision that all nationally identified athletes have access to worlds best coaches

## COMPETITION

Supporting Olympic & Olympic relevant competition, and supporting benchmark Junior events

## RESEARCH & INNOVATION

Bringing new knowledge and the application as a game changing innovation that gives our athletes an advantage to positively impact their performance outcomes

## STATES

Supporting State HP Programs with the goal to provide a consistent pathway of nationally identified athletes

## OUR PARTNERS



AUSTRALIAN  
OLYMPIC  
COMMITTEE



## ATHLETE PATHWAY

We offer tailored and standard support to identified athletes across the pathway from Emerging to Podium and Transition.



## ALIGNED TO OUR PROGRAMS

STATE HP	TALENT ID (TID)	PRO JUNIOR	WQS	CHALLENGER SERIES	WCT	OLYMPICS	TRANSITION
ATHLETES							
<ul style="list-style-type: none"> <li>WQS State Squads (@ HPC)</li> <li>Membership Program</li> </ul>	<ul style="list-style-type: none"> <li>Strike missions for selected TID surfers <sup>4</sup></li> <li>Access to HPP Performance Support</li> </ul>	<ul style="list-style-type: none"> <li>ISA World Juniors</li> <li>Strike Missions for selected PJ surfers <sup>4</sup></li> <li>Performance Support</li> </ul>	<ul style="list-style-type: none"> <li>Strike Missions for selected WQS <sup>4</sup></li> <li>Access to HPP Performance Support</li> </ul>	<ul style="list-style-type: none"> <li>Strike Missions for selected CS <sup>4</sup></li> <li>Access to HPP Performance Support</li> </ul>	<ul style="list-style-type: none"> <li>Access to HPP Performance Support</li> <li>Strike missions (2022)</li> <li>IPP Athlete support (2022)</li> </ul>	<ul style="list-style-type: none"> <li>Podium Athlete support (IPP)</li> <li>Strike missions</li> <li>Performance Support</li> </ul>	<ul style="list-style-type: none"> <li>W&amp;E athlete transition support</li> <li>Carer practitioner support</li> </ul>
COACHING							
<ul style="list-style-type: none"> <li>State coach opportunities at national camps</li> </ul>	<ul style="list-style-type: none"> <li>Coach support <sup>3</sup></li> </ul>	<ul style="list-style-type: none"> <li>Coach support <sup>3</sup></li> </ul>	<ul style="list-style-type: none"> <li>Coach support <sup>3</sup></li> <li>Weekly Heat Drills</li> </ul>	<ul style="list-style-type: none"> <li>Coach support <sup>3</sup></li> <li>Weekly Heat Drills</li> </ul>	<ul style="list-style-type: none"> <li>Coach support <sup>3</sup></li> <li>Weekly Heat Drills</li> </ul>	<ul style="list-style-type: none"> <li>Coach support <sup>3</sup></li> <li>Weekly Heat Drills</li> </ul>	
CAMPS							
<ul style="list-style-type: none"> <li>MR &amp; Layne camps</li> <li>State Camps delivered by each state <sup>2</sup></li> </ul>	<ul style="list-style-type: none"> <li>TID Selection camp</li> <li>3x TID camps (9 total)</li> <li>1x TID graduation camp</li> </ul>	<ul style="list-style-type: none"> <li>4 x Limitless Camps <sup>4</sup></li> <li>ISA World Junior Camp <sup>4</sup></li> <li>WSL World Junior Support (TBC)</li> </ul>	<ul style="list-style-type: none"> <li>National Camp</li> </ul>	<ul style="list-style-type: none"> <li>National Camp</li> </ul>	<ul style="list-style-type: none"> <li>National Camp</li> </ul>	<ul style="list-style-type: none"> <li>Irukandji Olympic Camp</li> <li>Tahiti event camp</li> </ul>	<ul style="list-style-type: none"> <li>Athlete guest speaker opportunities</li> </ul>
COMPETITION							
<ul style="list-style-type: none"> <li>States deliver regional &amp; state titles <sup>2</sup></li> <li>Australian titles</li> <li>Grom comps <sup>2</sup></li> </ul>		<ul style="list-style-type: none"> <li>ISA World Junior Event support</li> <li>WSL World Juniors support</li> </ul>	<ul style="list-style-type: none"> <li>Select WQS Event support</li> </ul>	<ul style="list-style-type: none"> <li>Select CS Event support</li> </ul>	<ul style="list-style-type: none"> <li>Select WCT Event support</li> </ul>	<ul style="list-style-type: none"> <li>ISA World Surfing Games Event support</li> <li>Select WCT Event support</li> </ul>	

### PERFORMANCE SUPPORT

Access to: Strength & Conditioning, Injury Management, Physiotherapy, Psychology, AW&E, Acro, Medical.  
All via education, resources, consultations, referrals, remote servicing & at select events

### RESEARCH & INNOVATION

Paddle to Podium, Video Optimisation, Benchmarking and other innovation projects

### LEADERSHIP & CULTURE








Supporting long term success for the program through people, relationships and culture. Servicing stakeholders and athletes through best practice and quality systems & processes

### STAKEHOLDERS

Athletes, Coaches, Parents & athletes support team, Surf Brands & Partners, States Surfing Organisations, WSL, ISA, Media, AIS, Sport Aus, AOC, Griffith University, QAS, NSWIS, WAIS, VIS

## PERFORMANCE SUPPORT SERVICES

Providing the resources, support and guidance to our athletes' and coaches day-to-day training and preparation to achieve key performance targets and outcomes.

 <b>PHYSICAL PREPERATION</b>	 <b>INJURY MANAGEMENT</b>	 <b>PHYSICAL THERAPIES</b>	 <b>PSYCHOLOGY</b>	 <b>WELLBEING &amp; ENGAGEMENT</b>	 <b>MEDICAL</b>	 <b>RESEARCH &amp; INNOVATION</b>
<b>ATHLETES</b>						
<ul style="list-style-type: none"> <li>Individual &amp; Group sessions</li> <li>Training programs</li> <li>Remote programs</li> <li>Team builder</li> <li>Screening &amp; testing</li> <li>Recovery &amp; Load management support</li> <li>Hub support</li> </ul>	<ul style="list-style-type: none"> <li>Physiotherapy assessment</li> <li>Remote support / Tele Health</li> <li>Referrals for scans</li> <li>Case management of injuries</li> <li>Referrals for specialists</li> </ul>	<ul style="list-style-type: none"> <li>Remote support / Tele Health</li> <li>Recovery support</li> <li>Referrals</li> <li>Hub support</li> <li>Other therapies</li> <li>Physiotherapy services</li> </ul>	<ul style="list-style-type: none"> <li>Individual Performance Psychology support</li> <li>Mental Health referral Network</li> <li>Wellbeing Support</li> <li>Mental Performance in Competition Program</li> </ul>	<ul style="list-style-type: none"> <li>Personal &amp; career development</li> <li>Brands / Values</li> <li>Financial Stability</li> <li>Life Skill development</li> <li>Transition support</li> <li>Athlete Committee</li> <li>Wellbeing Support</li> <li>Mental Health referrals</li> </ul>	<ul style="list-style-type: none"> <li>Chief Medical Officer</li> <li>Women's Health referrals</li> <li>Nutrition Education</li> <li>Injury Management</li> </ul>	<ul style="list-style-type: none"> <li>Paddle to Podium Project</li> <li>Video Optimisation</li> <li>Performance Analysis</li> </ul>
<b>COACHING</b>						
<ul style="list-style-type: none"> <li>Coach education &amp; support</li> </ul>	<ul style="list-style-type: none"> <li>Injury Management Education to coaches</li> </ul>	<ul style="list-style-type: none"> <li>Coach education &amp; support</li> </ul>	<ul style="list-style-type: none"> <li>Coach education &amp; support</li> </ul>	<ul style="list-style-type: none"> <li>Parent &amp; coach education &amp; support</li> </ul>	<ul style="list-style-type: none"> <li>Coach education</li> </ul>	<ul style="list-style-type: none"> <li>Coach integration in research direction</li> </ul>
<b>CAMPS</b>						
<ul style="list-style-type: none"> <li>National Camp support</li> </ul>	<ul style="list-style-type: none"> <li>Injury Management Education to athletes</li> </ul>	<ul style="list-style-type: none"> <li>National Camp support</li> </ul>	<ul style="list-style-type: none"> <li>National Camp support</li> </ul>	<ul style="list-style-type: none"> <li>National Camp support</li> </ul>	<ul style="list-style-type: none"> <li>Select Camps</li> </ul>	<ul style="list-style-type: none"> <li>Select Camps</li> </ul>
<b>COMPETITION</b>						
<ul style="list-style-type: none"> <li>Select event support &amp; Remote support</li> </ul>	<ul style="list-style-type: none"> <li>Select event support &amp; Remote support</li> </ul>	<ul style="list-style-type: none"> <li>Select event support &amp; Remote support</li> </ul>	<ul style="list-style-type: none"> <li>Select event support &amp; Remote support</li> </ul>	<ul style="list-style-type: none"> <li>Select event support &amp; Remote support</li> </ul>	<ul style="list-style-type: none"> <li>Select WCT event support</li> </ul>	<ul style="list-style-type: none"> <li>ISA World Surfing Games Event support</li> <li>Select WSL Event support</li> </ul>

### IPP's

Athlete performance plans are conducted annually and reviewed bi-annually in collaboration with athlete and support network.

### ATHLETE SELECTIONS FOR PROGRAM

Selections are conducted annually in December. Policy and criteria are available on SA website <sup>1</sup>

### ATHLETE AGREEMENTS

It is a requirement for the High Performance Program to have agreements with Athletes. Once selection has been completed Athletes are notified and will receive agreements by January.

# ORGANISATION CHART – FY22-24

