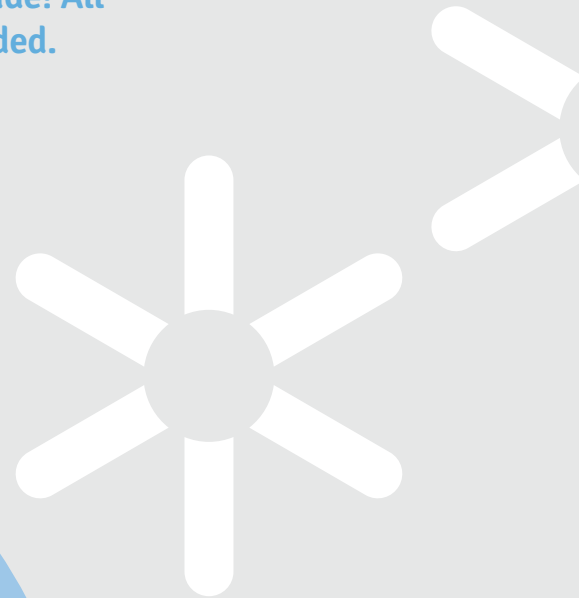


Seeking expressions of interest

Join the network!

Become a Mental Health Coordinator in your club by promoting and supporting positive mental health and wellbeing in the community. All that's needed is a desire to help and a positive attitude! All resources, training, and information needed are provided.

Check out surfingwa.com.au for more information on looking after your mental health and wellbeing!



Health and Well-being Coordinator

A Health and Well-being Coordinator is a leader within the Club who will play a key role in modelling positive behaviours and recognising the impact this can have on the broader community. They work with local services to make sure members in the surfing community get the best health and well-being support.

Health and Well-being Coordinators will recognise and support the role that the Club can have on community well-being and will provide mentoring support and advice on well-being matters as well as knowing how to support members to access appropriate services when needed.

Role Responsibilities

Build Community Capacity

- Work with experts and local services/agencies to play a key role in developing and implementing localised strategies in response to club and community concerns.
- Role model values of the Club and community.
- Work with club committees or team leaders to develop club or community team values, that relate to individual and community well-being.
- Organise quality assured external providers to visit the club or community.
- Stay up to date with appropriate Mental Health initiatives and resources available and where relevant contribute to organising formal and informal events such as Talk to a Mate® BBQs.

Support

- Provide mentoring support and guidance to the boardrider community.
- Be an active listener.
- Understand local services and support networks, including clinical care (e.g. Aboriginal Medical Service, GP) to refer members to where indicated.

*Health and Well-being Coordinators are there to help develop supportive networks and contribute to effective community well-being initiatives. They are not there as clinicians and will need to be aware of services (and how to access these services) which they can recommend to people who might reach out for help. *

Job Holder Capabilities

Qualifications and Experience

Specific qualifications are not required. An ability to support club members, and club culture that is consistent with community well-being and an ability to liaise with relevant support services will be important. Support will be provided to you in this role by the relevant local services.

Knowledge and Skills

- High level people skills.
- Strong communication skills.
- Demonstration of values and ethos that support club culture.
- Friendly and approachable demeanour.
- In-depth understanding of the Club, including its history, values, culture, committee members, facility/facilities and relevant policies and procedures.
- Willingness to drive and support positive change.
- Interest
- or experience around well-being services and initiatives would be desirable along with a willingness to maintain an understanding of local support services and procedures to access these.

In an Emergency Dial 000

For support call Lifeline 13 11 14

or visit thinkmentalhealthwa.com.au for more information

